

Park and Rec - What's New

Registration starts April 4th Residents & April 11th Non-Residents

Youth Program

KIDS YOGA

Grades K-2	Act#613200-B	Tuesdays	April 19-May 24	4:00pm-4:45pm
Grades 3-6	Act#613200-BB	Tuesdays	April 19-May 24	5:00pm-5:45pm

When people typically think of yoga and mindfulness, they often think of a room filled with flexible adults, who remain silent and serious the entire time. Not here though. While relaxation is built into each lesson, my classes for children are filled with fun and laughter. They are designed to foster playfulness, creativity, and positive energy, while building their relationship skills and ability to connect with themselves and others. **Masks choice.** Ms. Gilbey—Instructor \$72.00 resident \$82.00 Non-residents

ART ENRICHMENT WITH THE GIGGLING PIG

Ages 7-12	Act#616800-B	Monday	April 18-May 9	4:00pm-5:30pm
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We are now offering a 4 week art enrichment class with The Giggling Pig. Enjoy painting on canvas, watercolor, and clay. Each week brings a new and exciting project. Please remember to dress for a mess each week, as we explore a variety of mediums. **Masks choice.**

\$120.00 Residents \$130.00 Non-Residents

KARATE CLUB

Ages 3-12 (Boys & Girls)	Act#612400-A	Wednesday	April 20-May 25	5:00pm-5:45pm
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This class is for students to build confidence, focus, discipline and self-control. Students will also increase their coordination, strength, and flexibility while having fun. This dynamic and energetic program benefits children in a number of ways. They will engage in various Martial Arts techniques and activities, while learning important skills. **Masks choice.**

Assembly of the Martial Arts Academy Instructor \$85.00 Residents \$95.00 Non Residents

GUITAR LESSONS FOR BEGINNERS

Ages 7-13	Act#616801-A	Thursday	April 28-May 19	5:00pm-5:45pm
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GUITAR LESSONS FOR INTERMEDIATE

Ages 7-13	Act#616801-B	Wednesday	April 27-May 18	5:00pm-5:45pm
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Learn chords, scales, theory and best of all, learn to play your favorite songs. This is a group guitar program. This class will focus on providing a high level of instruction in a fun cooperative atmosphere. The program is for those who have an interest in guitar and music in general. Includes guitar lesson book. **Guitar not provided. Masks choice.** Josh Cloutier—Instructor \$60.00 Residents \$70.00 Non-Residents

YOUTH ROBOTICS PROGRAM

Ages 8-12	Act#616400-B	Tuesday	May 31-June 21	6:00pm-7:30pm
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Join us for an introduction to our robotics program. No experience necessary. This program is high commitment and high reward. Our program encourages teamwork, problem solving, and leadership skills. The students will be using elements of the Lego Mindstorms Robotics system to learn the basics of simple machines, elements of robot engineering, and coding a robot to perform simple tasks. **Masks choice.**

\$100.00 Residents \$110.00 Non-residents

HULA HOOP FITNESS BY BRINGTHEHOOPLA

Ages 6-12	Act#612801-A	Wednesday	April 20-May 11	4:30pm-5:30pm
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BringtheHoopla offers a welcoming environment for preschool and children ages 6-12, where they will encourage students of all ages to enjoy the positive and healthy activity of hula hooping while reinforcing self-esteem and leadership through age-appropriate games, team-building activities, and communication. **Masks choice.** \$85.00 Residents \$95.00 Non-Residents

SOCCERTIKES

Ages 3-6	Act#617700-A	Saturday	April 23-June 4 (no class 5/14)	9:00am-10:00am
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Soccer Tikes is a physical development program for children between the ages of 3 and 6. This program uses a variety of fun games to delight and engage kids in physical activity. We stress a noncompetitive environment and promote fun above all else. We mix in fun and skill development activities. Each child will have their own ball, and activities will be individualized to allow for no shared equipment and social distancing. **Mask choice.** \$75.00 Residents \$85.00 Non-Residents (includes a Soccer Tikes t-shirt)

YOUTH TENNIS

		Wednesday	April 20-May 25th (rain date 6/1 & 6/8)	
Ages 3-4	Act#613301-A	Pee Wees	\$ 95.00 Residents \$105.00 Non-Residents	3:30pm-4:00pm
Ages 5-7	Act#613302-A	Beginner/Advanced Beginner	\$150.00 Residents \$160.00 Non-Residents	4:00pm-5:00pm
Ages 8-11	Act#613302-B	Beginner/Advanced Beginner	\$150.00 Residents \$160.00 Non-Residents	5:00pm-6:00pm
Ages 8-12	Act#613303-A	Low Intermediate/Intermediate	\$150.00 Residents \$160.00 Non-Residents	6:00pm-7:00pm