



ORANGE FRIENDLIES

Orange Senior Center • High Plains Community Center
Orange, Connecticut 06477



APRIL 2015

Senior Center Telephone: 203-891-4784

Check our website for all senior center activities: www.orangeseniors.org



Mission Statement: The Orange Senior Center provides activities that promote independence, creativity, physical and emotional health, and lifelong learning for residents over the age of 55.

WORD FROM THE SENIOR SERVICES COORDINATOR

Be aware that Pasta Festa will be at the Grassy Hill Lodge this year. Be sure to note the change and buy your tickets!

Our goal around here is to bring you new, innovated ideas to help improve your health and wellness. In January we started MELT, February was Zendoodle, in March we introduced Juicing. So April we are introducing Optimize You Health!

A couple of questions for you. Let me know what you think. #1 who wants a Friday Yoga class? #2 its been a long time coming—we need to update the computer room. What would you like: Laptops or iPads? Call the office at (203) 891-4784 and let me know what you think.

Dennis Marsh, Senior Services Coordinator

Afghans for Our Veterans

The Afghan Ladies knit and crochet afghans for veterans. An embroidered strip with “USA HERO” is sewn on every blanket. This group is looking for more crafters. Meetings are the **4th Monday of the month at 1:00pm** in the lounge.

Basic Photography & Video

Join Ed Jolley as he teaches Basic Photography & Video on Wednesdays **April 1—May 6** at 10am. Limited to 7 seats. Call the center (203) 891-4784 to RSVP

Save the Date - OCS Benefit Concert

“Spring Into Action” Friday evening **April 17th** at 7:30PM at the High Plains Community Center Gym. Orange Community Services, presents Food and Fuel Bank Benefit Concert featuring Orange’s own Gary Harger featuring Art Bellucci on piano. Special guests: Barbie Harger, and the Orange Chorale! Join us as we celebrate Broadway, the American Songbook, and Spring. Reception immediately following the concert in the Café. Tickets are \$20.

All proceeds from this event will benefit the Orange Community Assistance Programs. Tickets available at Orange Community Services Department. Stop by for your tickets or call us at 203-891-4788.

A Word from the Director

I hope you all had a good March. The first day of Spring has come and gone. April holds the promise of warmer weather and sunshine. I would like to remind you of two noteworthy upcoming events. The first is the Food and Fuel Benefit Concert on Friday April 17 at 7:30pm in the HPCC Gym. The tickets are only \$20 and the proceeds will go to the Food Bank and Fuel Assistance programs. There is also the Veterans Memorial Wall of Honor ceremony and reception on Friday May 1 at 2:00pm, this will be a great way to honor Orange residents who are current Veterans. Call us at 203-891-4784 if you are interested in coming to either event. Stop by any time, my door is always open. Have a great April and a Happy Easter.

Joan Cretella, Director, Orange Community Services

Veteran’s Wall

Come join us **May 1 at 2pm** as we honor the men and women who have served our country. The extensive program will include a scrolling frame picturing living town veterans, and will honor the 6 different branches of service. Registration forms are available through Orange Community Services, please submit by April 1. This Wall of Honor will be forever a part of our mission and values, and will serve as a daily reminder as to the Service, Sacrifice and Honor of our Veterans. Call (203) 891-4784 for more information.

New Location!

Pasta Festa

Join us on Friday, **May 15 from 5 to 8** for our annual Pasta Festa! *We will be at our new location*, at the beautiful, Grassy Hill Lodge on Sodom Lane Derby. The highlight of the evening will be the presentation of this year’s Living Treasure Awards to three deserving Orange residents. Winners of the raffle will go home with some great prizes donated by individuals and local businesses. Tables of 8 to 10 are available. If you wish to be seated with particular people, payment for the group must be made at the same time. Otherwise we cannot guarantee that you will be sitting together. Please let us know if you would like to donate a prize for the raffle. Tickets go on sale Tuesday, April 2 at \$20 per person.



AARP Smart Driving course

The next AARP Driver's Training course will be Thursday, **April 2**. The cost of the "AARP Smart Driving Course" will be \$15 for AARP members and \$20 for non-members. Call the center to sign up.

Lunch & Fun!

Join us Thursday, **April 9**, 11:30am, for *My Life so Far*, with **Ron Davis** as he speaks about his experiences with Walt Disney, the FBI and more. Participants bring their lunch at 11:30 and the program begins at noon. Coffee and dessert will be available. Call the Center to reserve a seat.

Senior Center Tag Sale

Thinking of downsizing or just need to clean out some stuff? Join us in our tag sale on Friday **April 10**, from 9:00—1:00pm. Tables are available to rent for \$10. Proceeds go to the Community Assistance Fund. Also be sure to visit the tag sale and browse the tables. The senior center is also accepting donations of baked goods for our bake sale table.



Welcome Spring Cabaret

Monday, **April 13**, 1:30—3:00pm, **Bob Mel** will be performing at our Welcome Spring themed Cabaret. We look forward to seeing you there. Call (203) 891-4784 to reserve a seat.

Teen Tech Returns!!!

April 14, 4:00 pm Teens from the Congregation Or Shalom will return to offer one-on-one help with iPhone, iPad, and lap top computers assistance. You must call us to say you are coming so we will know how many teens we will need.

Movie of the Month

Join us Friday, **April 17** 1:00pm, "**The Grand Budapest Hotel**" starring Ralph Fiennes, F. Murray Abraham, and Mathieu Amalric. The adventures of Gustave H, a legendary concierge at a famous hotel from the fictional Republic of Zubrowka between the first and second World Wars, and Zero Moustafa, the lobby boy who becomes his most trusted friend. Popcorn & soda will be served. Call to reserve a seat.

Money Management

Money Management Club, every other Friday from 9:00 to 10:00am. Chad Lombardi of Morgan Stanley will speak on **April 17**. The group is intended as a means to share and discuss basic financial planning experiences and perhaps review some investment vehicles of interest. This group is intended for entertainment purposes only.

Book Club

Come join us for our FREE Senior Center Book Club to be held **April 24**, from 2:00-3:30pm in room 3. This month's title is **The Invisible Bridge** by Julie Orringer.

OCS Volunteer Recognition

Save the date for a Volunteer Recognition event on **April 20** from 1:30-3pm in the cafe. "Coffee and" will be served. Please call the office at 203-891-4784 to let us know you will be attending.

Lunch Program

Annette Hise, Dietitian/Nutritionist from LifeBridge Community Services has scheduled **April 23** to speak to those in attendance of the Lunch Program on **Diabetes Prevention and Management**. This is a free lecture, and is required by one of the funding sources for the lunch program. Call Ellen (203) 891-4765 to reserve a meal.

Boomers & Beyond ~ Dating after 40

"Boomers" collaborative with the Case Memorial Library will take place on **April 30** at 7:00pm at the Library. The topic will be **Dating after 40: 7 Simple Steps to Find Love** presented by Ronnie Ann Ryan. Please RSVP to the Library at (203) 891-2170.

AMR CPR Training



Who wants to be part of a World Record! May 20, 2015, from 1-5pm, our local EMS provider—AMR in conjunction with the OPD & OFD will be attempting to set a world record by providing free training to save lives through chest compression-only CPR. This event will take place at the HPCC.

~ Wellness Corner ~

NEW!!! Yoga Friday

If you would like to attend another class you can sign up for Friday with Tara from 8:30-9:30am. \$50 for 10 weeks or free if you are already taking Yoga with us!

Optimize Your Health!

FREE! No Dieting; just plain good-old-fashion healthy eating & proper nutrition. Join Tara as she presents a 10-week non-diet program from April 6—June 22 10:30am. This program doesn't require major changes all at once. It is designed for you to fit into your everyday life and learn how to make life even better with healthy food and simple lifestyle changes. RSVP to (203) 891-4784.

Juicing Demos



Come learn about Juicing in these free demos. Samples provided. Monday 12:00-1:00
April 6 & April 27 in room 2.
Call 203-891-4784 to register.

Wellness

Monday, **April 27**, Tara will discuss "Juicing & smoothies" from 12:00am-1:00pm. A great way to get all your veggies! RSVP at (203) 891-4784.



TRIPS

For day trips please make checks payable to "Treasurer, Town of Orange". Overnight and extended-stay trip checks are usually made out to the tour company.

Also, please be aware that the first two rows of seats on the bus are reserved for the escort and riders with special needs. To reserve a special needs seat you must notify the Senior Center staff at sign-up.

Trips in July and August usually depart from the Orange Congregational Church.

NEW YORK SPRING SPECTACULAR with the Rockettes! April 1, 2015. Lunch at Carmine's served family style with Rigatoni & Broccoli and Chicken Parmigiana. Enjoy this brand new show featuring the Rockettes. **Cost: \$169 pp.** Includes transportation, lunch, show, & driver gratuities. **Full payment due at registration** ().

TRAINS, WINERIES & TREASURES OF NORTHERN CALIFORNIA April 13 -21, 2015. 9 days, 13 meals. Highlights include San Francisco, Sonoma, Yosemite National Park, Railtown State Historic Park, Sacramento, Lake Tahoe, Winery Tour, Sonoma Wine Country, and Napa Valley Wine Train. **Cost: \$2,979 pp** for a double. Includes Air, Transportation to & from Bradley Airport, Air Taxes, and Hotel Fees. Trip insurance is available. **Insurance & Deposit due at reservation** (  ).

ENTERTAINMENT BY THE SEA—Myrtle Beach, April 18-24, 2015. A no minimum trip, with 4 live shows and an oceanfront hotel. **Cost: \$1,202pp double.** **Full payment due at registration** ( ).



NEIL SEDAKA at Mohegan Sun, Tuesday April 21, 2015. Singer/songwriter Neil Sedaka will be performing many of his recorded hits as well as the songs he has written for other artists. Sing along to "Oh Carol", "Calendar Girl", and "Breaking up is Hard to Do". **Cost: \$93pp.** Includes show, \$15 free bet, and a \$15 Meal Voucher, transportation, & driver gratuities. **Full payment due at registration** ( ).

HELLO DOLLY!! at the Warner Theater - Sunday May 3, 2015. Lunch at San Marino in Waterbury with a choice of Veal Parmigiana, chicken marsala, or stuffed filet of sole. Then enjoy the show at the Warner Theater **Cost: \$96.** Includes transportation, lunch, show, & driver gratuities. **Full payment due at registration** ().

WESTCHESTER THEATRE—West Side Story—May 6, 2015. A modern version of Shakespeare's Romeo and Juliet, set on the mean streets of New York during the turbulent 50's. **Cost: \$99pp** includes transportation, lunch, show, and driver's gratuity. **Full payment due at registration** ().

ITALIAN FEAST at Hunt's Landing, May 21, 2015. Celebrate Italy! You don't have to be Italian to enjoy this special event. Buffet lunch includes Minestrone, Chicken Marsala, Beef Steak Pizziola, Lemon Peppered Fish, Pasta and more. **Cost: \$97pp** includes transportation, lunch. Activities, Driver's Gratuity. **Full payment due at registration** ( ).

TICKET TO RIDE—A Tribute to the Beatles at the Grand Oak Villa. June 9, 2015. The Beatles, the most influential Band of the Sixties. Recreating the Beatles sound and harmonies in the original key. Family Style seating. **Cost: \$76pp**, includes transportation, lunch and show. **Full payment due at registration** ().

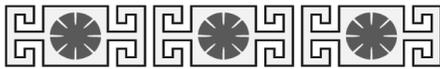
STATUE OF LIBERTY AND ELLIS ISLAND Thursday June 25, 2015. Travel to Liberty State Park in New Jersey to explore one of the greatest symbols of freedom in America. You will board a ferry to Ellis Island where millions of immigrants began the process toward American Citizenship. Later that afternoon you will enjoy an early dinner at Bonefish Grill. Enjoy an entrée choice of Chicken Marsala, Longfin Tilapia, or Spring Basil Fettuccine. **Cost: \$102pp**, includes transportation, ferry to Liberty & Ellis Island lunch and gratuity. **Full payment due at registration** (  ).

THE BOSTON POPS AT TANGLEWOOD—with Special Guest, Bernadette Peters. Sunday, July 5, 2015. Enjoy lunch at the Cork n Hearth or the Red Lion Inn. After lunch we will head to the summer home of the Boston Symphony Orchestra/Pops. This years special guest is Bernadette Peters. Our seats are located in "The Shed". **Cost: \$136pp**, includes transportation, lunch, reserved seating and driver's gratuity. **Full payment due at registration** ( ).

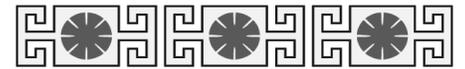
COINS & CLAWS—Lobster & Casino. July 7, 2015. Stop for lunch enroute at Abbott's Lobster in the Rough in Noank, CT. Voted as one of the best lobster shacks in New England. Your entrée option includes a choice of steam lobster or herb roasted chicken with all the trimmings. After lunch depart for the Mohegan Sun Casino where you will receive a casino package including food credit. **Cost: \$61pp**, includes transportation, lunch, casino bonus package and driver's gratuity. **This Trip departs from the Orange Congregational Church. Full payment due at registration** ( ).

TWIN LOBSTER AND THE "I LOVE LUCY" & RICKY SHOW. At the Hu Ke Lau in MA. Wednesday, July 15, 2015. But wait, there's more! Did I mention there is a 2nd show—Polynesian Show **Cost: \$87pp**, includes transportation, lunch, 2 shows and driver's & server's gratuity. **This Trip departs from the Orange Congregational Church. Full payment due at registration** ().





April 2015



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>All Soups and Entrees, Gravies and Sauces and Salad Dressing and Desserts are Low Fat and Low Salt. All Rolls are Seedless. All White rice Is Enriched. All Non-citrus juices are Vitamin C fortified.</p>	<p>Program runs Mon. through Fri., 11:30am – 12:00pm. No meals on Saturday or Sunday. A \$3.00 donation is accepted for persons 60 years and over. to register (203) 891-4765.</p>	<p>1</p> <p>Chicken Marsala Whole wheat pasta with olive oil and garlic & basil Parmesan cheese Stewed tomatoes Italian bread Cinnamon apple sauce low fat milk</p>	<p>2</p> <p>Glazed Ham Sweet Potato Pone Whole Green Beans Rye Bread Hot Cross Bun LF Milk</p>	<p>3</p> <p>England clam chowder/ Crackers Broccoli and cheese quiche Salad/vinaigrette Cornbread Fresh fruit low fat milk</p>
<p>6</p> <p>Baked Chicken w/ BBQ sauce mashed sweet potato Fiesta blend Whole wheat dinner roll Fresh fruit low fat milk</p>	<p>7</p> <p>chicken orzo soup crackers Sausage and peppers Roast potatoes 4 inch grinder Peaches low fat milk</p>	<p>8</p> <p>Turkey Sloppy Joe on a wheat roll mashed squash spinach banana low fat milk</p>	<p>9</p> <p>Grape juice Swedish meatballs Egg noodles Steamed green beans Whole Wheat fruited Jell-O low fat milk</p>	<p>10</p> <p>Crab cake Tatar sauce mashed potato Steamed broccoli Rye bread scalloped apple low fat milk</p>
<p>13</p> <p>Cranberry juice Burger w/ whole wheat bun/ketchup Sweet potato fries Baked beans Butterscotch pudding low fat milk</p>	<p>14</p> <p>Chicken primavera over Egg noodles zucchini Whole wheat dinner roll Fresh fruit</p>	<p>15</p> <p>Apple juice Light crunch fish with lemon sauce southwest rice California blend 12 grain bread Brownie low fat milk</p>	<p>16</p> <p>Meatloaf w l/s gravy Smashed potatoes Roasted vegetables Rye bread mandarin oranges low fat milk</p>	<p>17</p> <p>Tomato soup, crackers Grilled cheese tossed green salad with cucumber and Italian dressing fruit cocktail low fat milk</p>
<p>20</p> <p>Beef and Barley Soup Crackers Grilled chicken Caesar salad with croutons Wheat Bread stick Fresh fruit low fat milk</p>	<p>21</p> <p>Eggplant parmesan ½ cup Penne with sauce Parmesan cheese Italian blend vegetables Garlic bread Apricots low fat milk</p>	<p>22</p> <p>cranapple juice Pot Roast w/ gravy baked potato Bean Blend wheat bread carrot cake low fat milk</p>	<p>23</p> <p>Oven Baked Chicken qtr spinach and pumpkin Rissoto broccoli Whole wheat dinner roll tropical fruit cup low fat milk</p>	<p>24</p> <p>Cheese omelet Spinach Roasted potatoes 12 grain bread pineapple low fat milk</p>
<p>27</p> <p>Grape juice Stuffed chicken breast With herb cream sauce Rice pilaf Steamed spinach Chocolate cake with vanilla frosting</p>	<p>28</p> <p>Sea food salad plate with lettuce and cucumber seafood salad Marinated beet/onion salad Whole wheat bread Fresh fruit</p>	<p>29</p> <p>Baked Ham/LS gravy scalloped potato green and wax beans Applesauce garnish 12 grain bread Mandarin oranges low fat milk</p>	<p>28</p> <p>Chicken gumbo soup Crackers Turkey with gravy Cranberry sauce mashed sweet potato broccoli wheat dinner roll Fresh fruit low fat milk</p>	

RESERVED FOR SPONSORS

Class	Date	Description	Instructor
Ballroom Moves Tuesday, 11:30—12:30pm \$20.00, 10wks	Apr 7– June 9	A fun and gentle cardio workout, learn new dance steps and elements. Keep the mind and body moving, no partner necessary.	Susan Woods Gym
Basic Photography Wednesday, 10:00—12:00pm 6wks, No fee	Apr 1– May 6	Learn how to manipulate and store your photos and videos. Free introductory offer!	Ed Jolly Computer Room
Bridge—Beginners Thursday 1:00—3:00pm \$60.00, 10 wks	Apr 2 – June 4	This class is for beginners of Bridge and those who want to learn the game.	Al Pol Room 2
Bridge – Intermediate Fridays, 1:00-3:00pm \$60.00, 10 wks	Apr 10 – June 12	This class is for those who have mastered the beginnings of Bridge and want to expand on what they have learned.	Al Pol Room 2
Chorus Friday 1:30 - 2:45pm 8 wks, No fee	Mar 20 – May 29	Join our new instructor Gary Harger as he leads the senior chorus. All accepted. Please register with in office. No class 5/15, 5/22	Gary Harger Cafe
Creative Writing Friday 10:30-12:00 noon No Fee	March 6 – May 15	If you enjoy writing but find you seldom have time to do it, join our new Creative Writing Workshop.	Trish O’Leary- Treat Room 6
Fitness T/Th 8:45 & 10:00am \$25.00, 12 wks	Apr 2 – June 25	This fun-filled class combines light weights, stretching, & balance to burn calories and improve health. No class 4/16	Tara Graham Gym
Line Dancing Fridays, 1-2:00pm \$2.00/class	Ongoing	Dancers form one or more lines and repeat a sequence of steps. No class 3/3	Evelyn Hahn Gym
MELT T/Th 11:15 & 12:15pm 10 wks, No Fee , Kits \$45	Apr 2 – June 30	MELT Hand & Foot Treatments, where we treat the hands & feet to stimulate a whole body. No class 4/16, 4/21 & 4/23—can meet informally.	Tara Graham Room 2 Need kit to attend
Painting and Drawing Tuesdays, 9:30-11:30am \$60.00, 12 wks	Apr 7 – June 23	The course will improve drawing & painting skills through various techniques, methods, and styles.	Graham Dale Room 6
Tai-Chi Fridays, 11:45-12:45pm \$50.00, 10 wks	Apr 10 – June 19	Tai-Chi has been shown to improve balance and flexibility, as well as reduce fall risk among older adults. No class 5/22	David Chandler Gym
Tap Dance, Monday 10-11:00am \$25.00, 5 wks	Apr 27 - June 1	Set those feet dancing and feel the excitement of seeing a dance come together! No class 5/25	Karen Goodman Room 15
Watercolor Wed, 10:00-12:00pm \$60.00, 12 wks	Apr 15 - July 1	This class is for those who have an interest in painting and for those who want to expand their watercolor techniques.	Audrey Galer Room 6
Yoga – Mondays 9:15-10:30am \$50.00, 10 wks	Apr 13 - June 22	Yoga has been found to improve health, flexibility, awaken inner energy, deepen breath awareness & quiet the mind. No class 5/25	Dee Stephens Senior Lounge
Yoga – Wednesdays 9:00-10:00, 10:15-11:15am \$50.00, 10 wks	Apr 6 - June 8	Yoga has been found to improve health, flexibility, awaken inner energy, deepen breath awareness and quiet the mind.	Sue Neufeld Senior Lounge
Yoga – Fridays 8:30-9:30; 10 wks \$50.00 or free if in other Yoga	Apr 10 - June 19	Yoga has been found to improve health, flexibility, awaken inner energy, deepen breath awareness and quiet the mind. No class 4/24	Tara Graham Senior Lounge
Yoga Dance Thursdays, 10:00—11:00am \$50.00, 10 wks	Apr 2 - June 4	Wonderful for all ages and capabilities as it uses gentle breathing, dance, and chairs if needed.	Andrea Cashman Senior Lounge
Zumba Gold Mon 11-12, Wed 11-12, Fri 10:45-11:45 1 class: \$30.00, 2+ class \$60	Apr 1 - July 10	Easier than the basic Zumba but just as much fun. The moves are easily follow by all individuals. No class 4/3, 5/4, 5/6, 5/8, 5/11	Danielle Pettitt Gym
Zendoodle Wed 11:30am & Fri 1:00pm	Ongoing Free	Create beautiful images from repetitive doodles. Easy to learn, relaxation, stress release	Tara Graham Room 4

Quick View of classes and activities - April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
9:15 am Yoga 10:00 am Tap Dance 10:30 am Optimize Your Health 11:00 am Chair Exercise 11:00 am Zumba Gold 11:00 am Ping Pong 1:00 pm Billiards	8:45 am Fitness 9:30 am Painting/Drawing 10:00 am Fitness 10:00 am Billiards 11:15am MELT 1:00 pm Social Bridge & Duplicate Bridge 11:30 am Ballroom Moves 1:30 pm Chess	9:00 am Laughter Club 9:00 am Yoga 10:00 am Basic Photography & Video 10:00 am Watercolor 10:15 am Yoga 11:00am Zumba Gold 11:00 am Chair Exercise 11:30 am Zendooodle 12:00 pm Ping Pong 12:45 pm Duplicate Bridge	8:45 am Fitness 9:30 am Yoga Dance 10:00 am Fitness 11:15am MELT 1:00 pm Bingo, Billiards 1:00 pm Bridge - Beginners 1:30 pm Canasta, Pinochle, Chess	8:30 am Yoga 10:00 am Billiards 10:45am Zumba Gold 11:00 am Chair Exercise 10:30 am Informal Writing 11:45 am Tai-Chi 1:00 pm Bridge Intermediate 1:00 pm Line Dancing 1:30 pm Chorus

Special Events - April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
Apr 6: Juicing Demo 12 noon Apr 13: Welcome Spring Cabaret 1:30pm Apr 20: Volunteer Recognition 1:30pm Apr 27: Wellness—Juicing Demo 12 noon Apr; 27: Wellness—Juicing Apr 27: Afghan Ladies Apr 27: Judge Beverly 1:30pm Apr 13-21 California Trip departs	Apr 7: Parish Nurses Blood Pressure 9am Apr 14: Teen Tech Talk 4:00pm Apr 21: Neil Sedaka at Mohegan Sun Trip	Apr 1: Legal Clinic , 9am Call for an Appointment Apr 4 & 8: AARP Tax 9-12pm Apr 1— Spring Spectacular Trip	Apr 2: AARP Driving Course, 9:00am Apr 9: Lunch & Fun—My Life so Far 11:30am Apr 23: LifeBalance Dietician Apr 30: Boomers & Beyond —at the Case Memorial Library— Dating over 40 May 20: AMR CPR Course 1-5pm	Apr 10: 9-1pm Senior Center Tag Sale Apr 17: Money Management 9am Apr 17: Benefit Concert 7:30pm Apr 17: Movie of the Month <i>Grand Budapest Hotel</i> 1pm Apr 24: Book Club May 1: Veteran's Wall 2pm May 15: Pasta Festa 5:00pm

**TOWN OF ORANGE
COMMUNITY SERVICES**

525 Orange Center Rd.
Orange, CT 06477



Current resident or

**“ORANGE FRIENDLIES” - April 2015
Senior Services Coordinator—Dennis Marsh, 203-891-4784**

Veteran’s Wall

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Notary Public

Dennis Marsh is a Notary of Public for the State of CT. So if you need anything notarized, you can come to the senior center for this free service. Be aware he will follow the policy and procedures as established by the common practices of the other town notaries.

Orange Youth Services—Youth Services is seeking a volunteer senior citizen for its Intergenerational Tutoring program. The program is comprised of senior citizens who meet at Case Library every Thursday and tutor a youth in either Elementary or Middle School. The session is 3:30-4:15. A parent brings the student and usually remains in the library until the session is over. Subject most needed is math, but will also consider other subjects as well. This would be a volunteer position. The tutor would have to be able to commit on a regular basis weekly if possible (excluding holidays, school vacations). The sessions run from October through May. Interested seniors can contact John Ulatowski at 203-891-4785 or by email at julatowski@orange-ct.gov

Transportation

Have you ever wondered what types of transportation are available in your community? Do you have questions or concerns about public transportation? Christine Maguire, Regional Mobility Manager at The Kennedy Center, will discuss the different types of transportation that you can access on **May 21 at 1 pm**. Christine’s role at The Kennedy Center is to connect people with disabilities and seniors with accessible, reliable transportation so that they are able to participate in their communities. RSVP at (203) 891-4784.

Word from the Municipal Agent



Probate Judge Beverly Streit-Kafalas will be here on Monday, **April 27** at 1:30pm to present and discuss Probate. Call the center to RSVP (203) 891-4784

Denise Stein, M.S., LPC